

## Safeguarding Advice when College is Closed

Kirklees College is currently closed. Please find the link to out of hours safeguarding services <u>here</u>.

If you need help during this period please contact the support services below:

Police non-emergency – 101 Police emergency - 999 Thriving Kirklees -0300 304 5555 Single Point of Access – Adult Mental Health Services – 01924 316830

Click <u>HERE</u> to go to the KC Student Community – Health and Wellbeing page.

## **Local Services**

Kirklees housing and homelessness

<u>Fusion Housing</u> - offers a range of Housing Related Support Services to help you find a place to live, maintain your home, and build the skills you need to manage independently.

<u>Welcome Centre</u> – provides food packs for people who have been referred to them by front line services. They help local families and individuals in crisis with food, toiletries and other essential items. They also provide advocacy, guidance, and support to address underlying issues.

<u>Batley Food bank</u> - food is provided via a referral system if you are a resident of Batley and surrounding area.

For Kirklees Local Welfare Provision, call 01484 414782.

Holme Valley Food bank - if you need help and live in the Holme Valley, they will help you with a food bag.

## Locala

Locala provides sexual health advice, contraception and STI health screenings. Click <u>HERE</u> to see the opening times for the Locala clinics If you require emergency contraception please visit one of the Locala clinics or your local pharmacy who may be able to provide this. If you require urgent medical advice when we are closed please call the NHS urgent care line on 111.

## Mental Health Services

Samaritans:



Whatever you're going through, a Samaritan will face it with you. Available 24 hours a day, 365 days a year.

Call 116 123 for FREE Text - 116123 Email jo@samaritans.org (response time 24hours) Visit – find your local branch here: <u>https://www.samaritans.org/branches/</u>

Papyrus:

Advice for young people at risk of suicide.

Call 0800 068 4141 (UK only)

Opening times: <u>https://papyrus-uk.org/</u>

SHOUT:

Free 24/7 crisis text line

Text – SHOUT to 85258 from anywhere in the UK

NHS Grief Services

CALM: 0800 585 858

Heads Together

Mind: 0300 123 3393

Anxiety UK : 03444 775 774

Monday-Friday 9.30am-10pm, Saturday/Sunday 10am-8pm

