

STUDENT SUPPORT OVER THE FESTIVE BREAK

COLLEGE IS CLOSED FROM 16 DECEMBER 2022 TO 3 JANUARY 2023

This means that college staff are not available during this period.

If you, or anyone you know, is at risk of being harmed or causing harm whilst college is closed, you can access all support numbers below.

If you need help during this period of college closure, please contact the support services below.

Children's Social Care 24hrs – 01484 414960
Adult Social Care (18 and over) – 01484 414933

Police emergency – 999
Police non-emergency – 101

CAMHS - Child Mental Health Services – 01484 343783
Single Point of Access - Adult Mental Health Services – 01924 316830

NSPCC – 0808 800 5000
help@nspcc.org.uk
Text 88858 (free service)

Childline – 0800 1111

Local services

Kirklees – Housing and Homelessness
<https://www.kirklees.gov.uk/beta/housing/help-for-homeless-or-at-risk.aspx>

Fusion Housing – We offer a range of Housing Related Support Services to help you find a place to live, maintain your home, and build the skills you need to manage independently.
<https://www.fusionhousing.org.uk/Our-Services/housing-support/>

Welcome Centre – Provide food packs for people who have been referred to them by front line services. We help local families and individuals in crisis with food, toiletries and other essential items. We also provide advocacy, guidance, and support to address underlying issues.
How to get help - <https://www.thewelcomecentre.org/pages/7-need-our-help>

Batley Food bank – Food is provided via a referral system – if you are a resident of Batley and surrounding area <http://www.batleyfoodbank.org.uk/>
Kirklees Local Welfare Provision on 01484 414782

Holme Valley Food bank – If you need our help you are welcome to come to us as shown above and we will help you with a food bag - <https://holmevalleyfoodbank.com/>

LOCALA – Sexual health advice, contraception, STI health screenings.

Click here to see the opening times for the Locala clinics

<https://www.locala.org.uk/services/sexual-health/clinic-times>

If you require emergency contraception please visit one of the Locala clinics or your local pharmacy who may be able to provide this. If you require urgent medical advice when we are closed please call the NHS urgent care line on 111.

Pennine Domestic Abuse Partnership - 0800 052 7222

<https://pdap.co.uk/>

Rape and sexual assault support

<https://www.nhs.uk/live-well/sexual-health/help-after-rape-and-sexual-assault/>

Find your nearest sexual assault referral centre here - <https://www.nhs.uk/Service-Search/Rapeand-sexual-assault-referral-centres/LocationSearch/364>

Looking after your mental health

Samaritans – Whatever you're going through, a Samaritan will face it with you. Available 24 hours a day, 365 days a year.

Call 116 123 for FREE

Text - 116123

Email jo@samaritans.org (response time 24 hours)

Visit – find your local branch here <https://www.samaritans.org/branches/>

IAPT – Provide a choice of services for people experiencing common mental health problems such as depression, stress, panic and obsessive-compulsive disorders.

01484 434625/6

www.swyt.co/kirkleesiapt

Papyrus – Advice for young people at risk of suicide

0800 068 4141 (UK only)

Opening times <https://papyrus-uk.org/>

SHOUT – Free 24/7 crisis text line

Text – SHOUT to 85258 from anywhere in the UK

NHS - Grief after bereavement or loss

<https://www.nhs.uk/conditions/stress-anxietydepression/coping-with-bereavement/>

Kirklees College Health and Wellbeing – Visit - <https://livekirkleescollegeac.sharepoint.com/sites/KCStudentCommunity33/SitePages/Health-and-Wellbeing.aspx>

A free 24 hour helpline is also available to KC students - 0800 028 3766