

## T Level: Health

### Occupational Specialism: Supporting Healthcare

#### Supporting the adult nursing team

<b>Role Title</b>	<b>Working Pattern</b>	To be agreed between the provider and employer
Supporting Healthcare Trainee	<b>Duration</b>	315 hours
<b>Objective(s)</b>		
To support the healthcare team by carrying out clearly defined clinical and non-clinical duties to provide high quality person-centred care and support in order to promote patient wellbeing		
<b>Typical Activities</b>		
<ol style="list-style-type: none"><li>1. Work as part of a healthcare team (at least twice a week) to assist registered health professionals and others in the nursing family and multidisciplinary team to undertake a range of physiological measurement tasks such as: Blood pressure, Body temperature, Breathing rate, Pulse rate, Oxygen saturation or Blood sugar levels</li><li>2. Always practice effective infection control through the use a range of techniques for infection prevention and control, e.g. waste management, spillage, hand washing, use of Personal Protective Equipment (PPE), to ensure that the clinical environment is safe for staff and patients</li><li>3. Work as part of a healthcare team (at least twice a week) to assist with patients' overall comfort and wellbeing (opportunity should be provided to interact with a range of patients at least twice a week and to contribute to their overall comfort and wellbeing). This could include supporting activities of daily living, supporting mental or spiritual health</li></ol>		
<b>Learning goals</b>		<b>TQ Reference</b>
On the placement the student will need to further develop and hone through activity 1:  <b>Employability skills</b> <ul style="list-style-type: none"><li>• Communicating: active listening, use of visual, oral and written methods, engaging with individuals, sharing, building rapport, adapting style and tone</li><li>• Working with others with different skills, expertise and experience to accomplish a task or goal</li></ul>		<i>[Insert corresponding reference from the TQ content]</i>

<ul style="list-style-type: none"> <li>• Contributing to a situation or a process to prevent potential adverse effects</li> <li>• Demonstrate an understanding and application of professional behaviours</li> </ul> <p><b>Technical skills and understanding</b></p> <ul style="list-style-type: none"> <li>• Skills in working in a person-centred way in a healthcare setting, that contributes to safeguarding and implementing duty of care and candour</li> <li>• Skills in working in a person-centred way in a healthcare setting, that demonstrates patient advocacy</li> <li>• Skills in promoting health and wellbeing, including supporting clients to make healthy choices</li> <li>• Skills in following all required standards, policies and procedures within the Health care setting including health and safety requirements and legislation</li> <li>• Application of understanding of the physiological states that are commonly measured: why, when and how these may be measured</li> <li>• Application of understanding about the correct equipment and instruments to use when undertaking physiological measurement</li> <li>• Skills in assisting registered nurses/registered health professionals to undertake a range of physiological measurement tasks using appropriate equipment</li> <li>• Application of any required mathematical skills when recording results from physiological measurements</li> <li>• Skills in recording the results of monitoring and measurement using relevant documentation/IT systems</li> <li>• Skills in using the “normal” values from patient monitoring and calculating early warning scores and discussing how/when to escalate findings</li> <li>• Application of understanding of the correct process for reporting measurements that fall outside of normal levels</li> <li>• Skills in supporting and observing staff in managing challenging behaviours, ensuring that personal safety, colleague safety and client safety are always maintained</li> <li>• Application of professional practice, including appropriate conduct in the clinical environment, appropriate dress and punctuality.</li> <li>• Skills in demonstrating the C 6’s in relation to Care /Compassion/Communication</li> </ul> <p>On the placement the student will need to further develop and hone through activity 2:</p> <p><b>Employability skills</b></p>	
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<ul style="list-style-type: none"> <li>• Advanced communication skills: active listening, use of visual, oral and written methods, engaging with individuals, sharing, building rapport, adapting style and tone</li> <li>• Working with others with different skills, expertise and experience to accomplish a task or goal</li> <li>• Contributing to a situation or a process to prevent potential adverse effects</li> </ul> <p><b>Technical skills and understanding</b></p> <ul style="list-style-type: none"> <li>• Application of understanding of how to always work and deliver care in a person-centred way</li> <li>• Skills in following all required standards, codes of conduct and health and safety requirements/legislation including risk assessments and use of appropriate PPE</li> <li>• Skills in maintaining a safe and healthy working environment, taking appropriate action in response to incidents which could compromise infection prevention and control</li> <li>• Skills in the use of a range of techniques to ensure effective infection prevention and control in the healthcare environment, e.g. waste management, spillage, hand washing, and use of Personal Protective Equipment (PPE)</li> <li>• Application of professional practice, including appropriate conduct in the clinical environment, appropriate dress and punctuality.</li> <li>• Skills in demonstrating the C 6's in relation to Care /Compassion/Communication</li> </ul> <p>On the placement the student will need to further develop and hone through activity 3:</p> <p><b>Employability skills</b></p> <p>Advanced communication skills: active listening, use of visual, oral and written methods, engaging with individuals, sharing, building rapport, adapting style and tone</p> <ul style="list-style-type: none"> <li>• Working with others with different skills, expertise and experience to accomplish a task or goal</li> <li>• Contributing to a situation or a process to prevent potential adverse effects</li> </ul> <p><b>Technical skills and understanding</b></p> <ul style="list-style-type: none"> <li>• Application of understanding of evidence-based practice and ways of working in order to provide overall care which ensures individuals care and needs are met whilst maintaining their privacy and dignity</li> <li>• Skills in working in a person-centred way in a healthcare setting, that demonstrates patient advocacy</li> <li>• Skills in providing evidence-based person-centred care and support to patients, carers and relevant others</li> </ul>	
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<ul style="list-style-type: none"> <li>• Skills in promoting clinical effectiveness and a positive experience for an individual and families receiving care</li> <li>• Skills in assisting with an individuals' overall comfort and wellbeing</li> <li>• Skills in the interpretation of care plans in order to meet individuals care and needs whilst maintaining the individual's privacy and dignity</li> <li>• Skills in promoting physical and mental health and wellbeing, providing opportunistic brief advice on health and wellbeing</li> <li>• Skills in promoting health and wellbeing, including supporting clients to make healthy choices</li> <li>• Application of professional practice, including appropriate conduct in the clinical environment, appropriate dress and punctuality.</li> <li>• Skills in demonstrating the C 6's in relation to Care /Compassion/Communication</li> <li>• Skills in supporting and observing staff in managing challenging behaviours, ensuring that personal safety, colleague safety and client safety are always maintained</li> </ul>	
<b>Minimum starting requirements</b>	
<ul style="list-style-type: none"> <li>• Attendance at induction day at the employer's premises</li> <li>• Health and Safety Training (Mandatory)</li> </ul>	
<b>Suggested prior learning</b>	
<ul style="list-style-type: none"> <li>• Knowledge of all relevant legislation, regulations and Health and Safety requirements in a healthcare setting</li> <li>• Knowledge of safeguarding requirements</li> <li>• Knowledge of the requirement to follow duty of care and candour at all times and how to apply these</li> <li>• Knowledge of infection prevention control techniques</li> <li>• Knowledge of techniques and equipment used in physiological measurements</li> <li>• Skills in carrying out physiological measurements in a simulated environment</li> <li>• Skills in providing person-centred care in a simulated environment</li> <li>• Knowledge of techniques used to ensure infection control and prevention</li> <li>• Skills in applying infection control and prevention measures in a simulated environment</li> <li>• Knowledge of current best /evidence-based practice in supporting individuals to meet their care and needs whilst maintaining dignity and privacy</li> <li>• Skills in interpreting care plans within a simulated environment</li> <li>• Typical workplace behaviours needed for role, including: <ul style="list-style-type: none"> <li>○ Punctuality</li> </ul> </li> </ul>	

- Appropriate dress
- Use of mobile phones/social media in relation to patient confidentiality
- Teamwork
- Importance of providing a high-quality person-centred approach to patient care