

ONE SPORTS ACADEMY

3 PATHWAYS TO SUCCESS



PATHWAY 1 – FOOTBALL OR RUGBY ACADEMY



FOOTBALL

- Now playing in the top AoC college league in this region
- UEFA A License Coach Kevin Donovan
- UEFA B License Coach Luke Bailey
- Training and matches played at our 3G training centre
- Academy programme includes strength and conditioning, video analysis, physio support



RUGBY LEAGUE

- In partnership with Huddersfield Giants Community Trust
- Includes coaching from Huddersfield Giants staff
- Opportunity to play and train with Giants Academy players
- Compete in the National Premier League



PATHWAY 2 – SPORTS THERAPY ACADEMY

- Includes rehabilitation, sports massage and sports injuries
- Delivered by specialist trained staff
- Progression to Higher Education



PATHWAY 3 – FITNESS ACADEMY

- Gain an understanding of all aspects of sport, exercise, fitness and nutrition
- Prepares you with the skills and knowledge needed for employment within the fitness and gym industries
- Includes gym instructor level 2 qualification
- Learn how to develop and implement personal fitness programmes
- Delivered by industry certified staff



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APPLY NOW FOR A COLLEGE SPORTS COURSE
AND CHOOSE YOUR ACADEMY PATHWAY

#ITSTARTSWITHYOU