



**Issue 12** 19 October 2020

## YOUTH CENTRAL -A SPACE TO BE MORE



Kirklees College has partnered with Youth Central, a virtual youth centre where you can chat to a Youth Worker, access your enrichment sessions (live and pre-recorded) and get updates on your KC Community.

All KC students have been given unlimited access to this site. <u>Click here</u> to access some exclusive content.

### BLACK HISTORY MONTH



CELEBRATING BLACK HISTORY MONTH

KC Students' Union are busy following up with everyone who contributed to the KC Wall of Unity as part of the KC Stand Together Pledge. The interviews are now available to view on the KC SU social media channels.



Kirklees is also celebrating Black History Month 2020. <u>Click here</u> to find out how you can get involved.

# TOGETHERALL

Did you know that Togetherall has a range of courses and resources to support your mental health? They even offer a course called 'Balancing your thinking'. This course can help you acknowledge and challenge unhelpful thoughts and plan for the future. All students can register for a free account using their college email address.

Click <u>here</u> to start a free course.



### NATIONAL CARE LEAVERS'/ EXPERIENCED WEEK

Starting on 26 October, National Care Leavers' / Experienced week celebrates the successes of care leavers from across the UK and inspires them to achieve their full potential. It's also an opportunity to challenge negative perceptions and change the narrative of the care system.



IMO are hosting a <u>virtual</u> <u>careers event</u> on Wednesday 28 October at 4pm – 6pm exclusively for children in care and care leavers in partnership with Accenture.

Sign up <u>here</u> for your free ticket.

### STUDENT VACANCIES IN COLLEGE

All students are members of the Students' Union (KC SU), which exists to promote, represent and protect the welfare and interests of all KC students. Read on to see how you can get involved.

#### STUDENT EXECUTIVE TEAM

There are several volunteer roles in the Executive Team targeted to certain areas of the student experience. The following roles are still available: Students' Union HE officer and Students' Union Environment and Sustainability.

Click here to find out more.

#### KC COMMUNITY CHAMPIONS

These volunteers run and support activities to raise awareness, challenge stereotypes and reduce stigma around mental health. The hours are flexible and work around you to fit with your studies. You will have the continued support of the Student Engagement Team, as well as training delivered by external speakers.

Click here to find out more.

#### KC COMMUNITY MENTORS

Mentors represent and support the wellbeing and interests of students who are Care Experienced, Young Parents, Young Carers and those living without the support of a family (estranged). You will help to run and support activities that aim to raise awareness, amplify the voice of these students and you will signpost to support services, working closely with the

Students' Union and curriculum class reps to gather Student Voice.

Click <u>here</u> to find out more.



## Keeping you fit. Keeping you safe.

Deep cleaning. Social distancing. Fully-trained staff. Sanitiser stations. As well as having everything you need to stay in shape, we're fully equipped to keep you safe.

#### STAY HEALTHY STAY SAFE

Sign up via email contact.centre@kal.org.uk



## COUNSELLING

We are still running our service via telephone call or through video call Monday - Thursday 9am-4pm (requests outside of these times can



be considered as well as face to face appointments). Email: <u>counsellingservice@kirkleescollege.ac.uk</u> or use the QR code to make a referral.

## COLLEGES LIVE

STAY CONNECTED **(f) (c) (o)** www.kirkleescollege.ac.uk

CollegesLive is taking place online on 18 November at 2pm for college students across the country to come together and hear from some amazing speakers around the world who will share their unique experiences, important life lessons and offer advice.

You will be sent a link to your college email address, to access the event.



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